



Post Op Instructions: Crown/Bridge Prep

- Following the first appointment for a crown or bridge procedure, a provisional temporary is usually placed on the tooth or teeth involved. This will protect them while the custom restoration is being made.
- Provisional temporary crowns are of a universal shade that serve a cosmetic and protective function. Your final restoration will be shaped and shaded better than the temporary to match your other teeth in both color and function.
- The use of temporary cement is for easy removal on your next appointment. If your temporary comes off between appointments, slip it back on and call us for an appointment.
- Many crowns fit below the gumline. Therefore, you may experience some discomfort for a few days due to the irritation of that area during the procedure. The discomfort should improve with time.
- Sensitivity to cold or pressure is also possible. Sensitivity to hot and cold lasting a couple seconds is typical after dental treatment. If the sensitivity persists longer than one week and lingers for more than a minute, please call our office for a follow-up evaluation.
- After the anesthetic wears off, it may take a few days to get used to the provisional temporary crown or bridge. If you feel the bite is not correctly balanced, be sure to call our office immediately for a simple adjustment.
- Be sure to be aware of what you are eating while wearing your temporary crown or bridge. Avoid any foods that are sticky or may be too hard like gum and hard candy.
- Proper care includes BRUSHING and FLOSSING a minimum of twice daily. Proper maintenance will not only prolong the life of the restoration but will also help to prevent problems elsewhere in your mouth.