



## **Post Op Instructions: Inlay/Onlay Cementation**

- The inlay/onlay has been cemented and is ready for immediate use; however, avoid eating hard foods/candies for 24 hours until you know no further bite adjustments are needed. The bite should feel normal when the anesthetic wears off. If the bite feels "off" or if discomfort is felt during eating only, a simple adjustment of the filling may be necessary. Please call our office to schedule a follow-up appointment.
- You may experience some minor discomfort with the tooth and surrounding gums for the first few days following your treatment. This should diminish gradually over time.
- If you have been given an anesthetic, this should wear off in a few hours. Please be careful not to bite your cheek, tongue or lip. Also, do not eat or drink anything extremely hot or cold until the anesthetic has completely worn off.
- Sensitivity to cold or pressure is also possible. Sensitivity to hot and cold lasting a couple seconds is typical after dental treatment. If the sensitivity persists longer than one week and lingers for more than a minute, please call our office for a follow-up evaluation.
- The surface texture and consistency may feel a little different at first. If the texture is unusually uncomfortable, please call our office for a follow-up appointment.
- The tooth will look natural in color, so you may not be able to notice the restoration.
- Do not bite anything with your teeth that can damage them (ie. Fingernails, thread, fishing line, paper clips, pens, etc.)
- Proper care includes BRUSHING and FLOSSING a minimum of twice daily. Proper maintenance will not only prolong the life of the restoration but will also help to prevent problems elsewhere in your mouth.